



# No milk today

## Herman's Hermits

Level: Easy-Intermediate



Choreographer: Michael Becker  
 Album: Blue Pie Vintage Volume 1

Duration: 2:55  
 BPM: 134

Sequence as follows

### Intro

Wait 16B

### Part A (32B)

Mountain Basic	STO DT UP/H DS RS	
	L R R L R LR	
	R L L R L RL	
	1 & 2 &3 &4	
Triple Kick fw.	DS DS DS KK UP/H	move forward with DS's
	L R L R R L	
	R L R L L R	
	&1 &2 &3 & 4	
Push turn	DS RS RS RS	
	R LR LR LR	turn 1/2 R on beat 2...4
	L RL RL RL	turn 1/2 L on beat 2...4
	&1 &2 &3 &4	
Triple	DS DS DS RS	
	L R L RL	
	R L R LR	
	&1 &2 &3 &4	

Repeat all above with opposite footwork

### Part B (32B)

Samantha	DS DS(xif) DR S(ib) DR S(ib) RS DS DS RS	
	L R R L L R LR L R LR	
	&1 &2 & 3 & 4 &5 &6 &7 &8	
Rocking Chair	DS BR UP/H DS RS	turn 1/4L on beat &2
	L R R L R LR	
	&1 & 2 &3 &4	
Soccer	DS DT UP/H DS RS	
	L R R L R LR	turn 1/4 L on beat &2
	&1 & 2 &3 &4	

Repeat all above

### Part A\* (14B)

Mountain Basic	
Cowboy	DS DS DS BR UP/H DS(xif) RS RS RS
	L R L R R L R LR LR LR
	R L R L L R L RL RL RL
	&1 &2 &3 & 4 &5 &6 &7 &8
2 DS	DS DS
	L R
	&1 &2

---

## Part C (40B)

8 Toe-Heel            T H  
                          L L  
                          R R  
                          & 1

Vine 8                DS DS(xif) DS DS(xib) DS DS(xif) DS RS  
                          L R            L R            L R            L RL  
                          R L            R L            R L            R LR  
                          &1 &2            &3 &4            &5 &6            &7 &8

Triple Lick           DS DT UP/H DT UP/H DT UP/H  
                          L R    R L R    R L R    R L  
                          R L    L R L    L R L    L R  
                          &1 &    2 &    3 &    4

Grandpa              DS TCH(if) H TCH(ots) H TCH(ib) H  
                          L R            L R            L R            L  
                          R L            R L            R L            R  
                          &1 &            2 &            3 &            4

Vine 8

Rocking Chair

Fancy Double        DS DS RS RS  
                          L R LR LR  
                          R L RL RL  
                          &1 &2 &3 &4

---

Part A                Mountain Basic • Triple Kick fw. • Push turn 1/2 • Triple • Repeat

Part B                Samantha • Rocking Chair 1/4L • Soccer turn 1/4L • Repeat

Part A\*               Mountain Basic • Cowboy • 2 DS

Part C                8 Toe/Heel • Vine 8 • Triple Lick • Grandpa • Vine 8 • Rocking  
Chair • Fancy Double

Part A                Mountain Basic • Triple Kick fw. • Push turn 1/2 • Triple • Repeat

Part B                Samantha • Rocking Chair 1/4L • Soccer turn 1/4L • Repeat

Part A\*               Mountain Basic • Cowboy • 2 DS

Part C                8 Toe/Heel • Vine 8 • Triple Lick • Grandpa • Vine 8 • Rocking  
Chair • Fancy Double

---

## Ending

Vine 8 • Triple Lick • Grandpa